

The 640 Family Center: A Haven in Williamsburg

Serene and private, the 640 Family Center is a destination for revitalization and emotional healing which reflects the culture, language, and values of the community it serves, where you can experience a boutique therapy experience akin to private practice. The therapists provide best-in-class services including individual guidance and nurturing care. At the 640 Family Center, the high standard of Pesach Tikvah is taken to the uppermost level.



When to Call the 640 Family Center

No problem is too big or too small for the 640 Family Center. Its therapists are ready to handle all manner of trauma, grief, mood disorders, behavioral issues, and even just not feeling your best. Its sole purpose is to help you feel like a whole and content person. When you're ready to enjoy wellness of body and mind, call the 640 Family Center.

Under the executive leadership of Yerachmiel Stern LCSW.

MEET THE 640 FAMILY CENTER TEAM

Clinical Director, Aharon Fink, LCSW:

At the 640 Family Center, the Director, Aharon Fink, follows the progression of each case's process. He supports the 640 Family Center's therapists as individuals, sitting with them personally, to bolster their confidence and ensure positive therapeutic outcomes. Aharon Fink has extensive experience supervising and training therapists in many therapy modalities. He is a graduate of Yeshiva University's Wurzweiler School of Social Work. Aharon Fink specializes in working with complex family dynamics, couples, & parenting therapy. He has earned a SIFI certification (authorization to supervise social work students), trained at and received certifications from the IFS Institute and the EFT Institute, is trained in ACT, psychoanalysis, & other behavior modification therapies.

Freidle Putter, LCSW:

Since 2017 Freidle Putter has been counseling people through trauma. She has changed hundreds of lives with her attachment-based approach. "The therapeutic alliance in the room is crucial for healing & growth," she said. Freidle Putter is trained in CBT, EMDR, IFS, Somatic Experiencing, DBT, & EFT. She is a graduate of Touro University, & is also a clinical supervisor at the 640 Family Center. As a clinical supervisor, Freidle Putter understands each client through a therapist's lens and offers skilled support to each therapist to ensure an effective therapeutic outcome.

Yitzchok Lipshutz, LMSW:

As a therapist for both the young and middle-aged, Yitzchok Lipshutz helps his clients to integrate disparate parts of themselves and process stuck emotions. He uses a Humanistic approach as well as behavioral theory in his practice. He is a graduate of Yeshiva University and joined the 640 Family Center in 2023.

Estie Guttman, LMSW:

Trauma, abuse, depression, and anxiety are Estie Guttman's areas of expertise. A graduate of Yeshiva University, Estie Guttman is a clinical supervisor and senior therapist. She uses DBT, IFS, Somatic, and Attachment Based Therapy to treat older teens and adults.

Motti Reifer, LMSW:

A Yeshiva University graduate, Motti Reifer has transformed emotional health at the 640 Family Center since 2021. Through empathy, validation, and an expertise in Cognitive Behavioral Therapy, he nurtures children and adolescents through their therapeutic process with a friendly face and an upbeat disposition. He has additional training in IFS, EFT, and other evidence-based therapeutic approaches.

Psychiatric Nurse Practitioner, David Binyaminov, PMHNP:

David Binyaminov is a board-certified Psychiatric Mental Health Nurse Practitioner. He focuses primarily on medication management, with knowledge in supportive and person-centered psychotherapy. He specializes in treating anxiety, depression, ADHD, and sleep issues. Prior to Pesach Tikvah, David Binyaminov worked as a neurosurgical ICU nurse at Mount Sinai Hospital. He did his clinical internship at Rivia Mind. He is a graduate of New York University.

Racheli Schorr, LMSW:

A favorite play therapist, Racheli Schorr brings years of experience working with children to her therapeutic practice. In addition to play therapy, she practices DBT and Family Centered therapy. Racheli Schorr is a graduate of Yeshiva University.



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